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PRINCIPAL: MS KELLI JACOBSEN

SCHOOL COUNCIL PRESIDENT: MRS JO HUMPHREY



#### ISSUE No 3 2023

#### CALENDAR 2023

WEEK 5	MON 20	TUES 21	WED 22	THURS 23	FRI 24	SAT/SUN
FEBRUARY	Lunch Orders		Foundation rest day	Lunch Orders due 8.30pm - Quickcliq	56 Swimming 2- 3.30pm	
WEEK 6	MON 27	TUES 28	WED 1	THURS 2	FRI 3	SAT/SUN
FEB/MARCH	Lunch Orders	SC Meeting	Regional Swim Shepparton	Lunch Orders due 8.30pm - Quickcliq	56 Swimming 2- 3.30pm	
WEEK 7	MON 6	TUES 7	WED 8	THURS 9	FRI 10	SAT/SUN
MARCH	Lunch Orders			No Lunch Orders Next Monday.	Regional Bowls 56 Swimming 2- 3.30pm	
WEEK 8	MON 13	TUE 14	WED 15	THURS 16	FRI 17	SAT/SUN
MARCH	LABOUR DAY PUBLIC HOLI- DAY		NAPLAN School Photos	NAPLAN	NAPLAN	
WEEK 9	MON 20	TUE 21	WED 22	THURS 23	FRI 24	SAT/SUN
MARCH	34 CAMP 56 NAPLAN	34 CAMP 56 NAPLAN SC AGM	34 CAMP 56 NAPLAN	34 NAPLAN	Harmony Day FETE	



#### PRINCIPALS REPORT

#### WELCOME BACK BREAKFAST

It was fantastic to see so many families join us for our Welcome Back Breakfast last Monday. We love hosting events like this to build strong connections with our school community. Thank you to Tanyia and Ms Grogan for running the event. Who doesn't love to start their day with fresh fruit and a croissant.

#### SUPPORTING FAMILIES

At KVPS we pride ourselves on strong connections with families. We want to ensure that our students have and participate in every aspect of schooling and we can link our families in with other supports if needed as well. I would like to remind everyone that we have FOODSHARE in Tangambalanga. This program ensures we can provide lunches for students who need them and our Breakfast Club on Fridays. But they can also assist families who need groceries or food hampers. If you cannot access Food Share during the week, please reach out and let us know so we can arrange this for you. Families can come and collect hampers from the school, we just need to know for who and what families need.

#### School DONATIONS - THANK YOU THANK YOU

I cannot thank those families enough who have made voluntary contributions to our Grounds and Maintenance Fund and Schools Assistance Fund. We have received over \$2800 already this year. I will now work closely with school council on identifying projects to utilise this money for our grounds and maintenance. The School Assistance Fund supports students to attend camps, purchasing equipment, supplies, attend camps and excursions and many more aspects of school.

#### Nature Journaling and Board Games

Last week we commenced our LUNCH CLUBS. The student participation was amazing.







Here are some photos from our Lunch Clubs this week.

Every Day Counts - School is better when you're here Do I have to go to school?

Yes, in Victoria everyone aged from 6 - 17 has to go to school.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year.

From Foundation to Year 12 that adds up to 1.5 years of school!

School is better when you attend. Your friends and your teachers notice that you are away and wonder if you are OK.

#### WHY IS IMPORTANT THAT I GO TO SCHOOL EVERY DAY?

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you are at school you can get help from your teachers and friends and won't have to try to learn things in your own time.

Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

#### Do my parents need to let the school know if I'm going to be away?

Yes. Your parents need to notify the school of your absence as soon as they can within three days of your absence. If they know you are going to be away, they should try to tell the school before the day or days you are away.

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents might get a letter from the principal asking about why you're away.

#### Are there any good reasons to be away from school?

No. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on. Taking a day off for your birthday or go shopping isn't a good reason to miss school.

Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.

If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

#### if I'm not at school What do I miss out on?

You miss out on all the big stuff - class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge.

Being away means you might miss out on a lot of learning or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out on playing with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections.

Believe it or not, everyone wants you at school and it really is better when you attend.

#### What if I'm having problems getting to school?

Getting to school on time everyday can be about having a good routine.

If you find yourself running late or missing school because you're disorganised, try:

Asking your parents for help getting ready

Having a set time to go to bed

Leaving all technology out of your bedroom

Packing your school bag the night before with everything you need

Having a set time for breakfast

Planning to meet up with a friend so you can travel to school together.

Sometimes, though it can just be hard to go to school.

You might feel overwhelmed by the work or things might be tough with your friends. Maybe you don't feel safe at school or you really dislike a teacher or things at home aren't great. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer. Many people want to help you. Try talking to:

Your parents or another adult family member

A trusted teacher

Wellbeing Coordinator or the school counsellor

Useful websites/contacts

Kids Matter - www.kidsmatter.edu.au

Youth Beyond Blue - www.youthbeyondblue.com.au

**Headspace** - <u>www.headspace.org.au</u> or e-headspace <u>www.eheadspace.org.au/</u> for online counselling & support

Reach Out - www.reachout.com

Kids helpline - 1800 55 1800 24 hours a day, 7 days a week or web counselling

#### Attending School and Missed Days due to holidays

On the back of "Every Day Counts" I wanted to let families know that we want your children here every day they can possibly be here. Therefore we are working with School Council and the School Leadership on our Student Free Days to ensure they are less disruptive to our families. We understand that at times families need or want to take holidays outside of school term break time. If you have no option but to travel during the school term we encourage students to continue their learning by reading daily, keeping a journal, accessing some of their online learning platforms such as Epic or Essential Assessment or families purchase small workbooks from Kmart or Big W for their child's year level. In 2023 teachers will not be providing printed learning packs for families going on holidays. We want to encourage our students to enjoy and embrace their holiday experience as they can often learn a lot form their adventures.

Here is some great 'on the road' maths activities too <a href="https://komodomath.com/blog/maths-games-long-journeys">https://komodomath.com/blog/maths-games-long-journeys</a>

http://numeracyguidedet.global2.vic.edu.au/numeracy-at-home-fun-numeracy-activities-to-share-at-home-with-your-child/

#### CARPARK reminder

It is important to remember that we have a unique carpark available on-site at the school. With this comes many challenges. Could I please ask that when dropping students off or picking them up that you take great care? Keep to a walking pace and make sure you reverse park in the main carpark area. This is to ensure the safety of all students and their families.

<u>Under NO CIRCUMSTANCES should anyone be accessing the far (Charleroi end) drive-way</u> or driving through the carpark after 8am.

#### 4/5A Class News

4/5A worked really hard and had a fantastic week last week! I'm so lucky to have such a wonderful class again this year. We have been learning about student voice and agency over the last couple of weeks so as a class we have decided to all contribute to this report to share with you what our class has been learning about - Ms Flavel

This year has come off to a great start as the class has focused on lots of new and exotic strategies in maths - Saedi, Ezzy & Charlie B

Our class has been learning about the writing process which involves planning, drafting, sharing, revising, editing and publishing - Elsie & Xavier

These first few weeks we have been practising the writing process and writing a story - Jaz & Briella

Last week we focused on place value in maths and we do fluency tasks at the start of maths, we are enjoying it – Holly & Grace

We have been learning about different types of place value such as expanding and partitioning - Charlie F, Claire & Phoebe

In maths we have been doing renaming - Toby & Robert

We have been doing comprehension for reading and learnt about skimming and scanning as well as finding the main idea and summarising - Quinn, Izaac & Beau

We did our first Lexile tests for the year last week and our scores are getting better, the three of us got over 500 - Seb, Clancy & Brooklyn

Last week we learnt about monitoring our reading using symbols - Zach & Thomas

We have been really good with noise level and focusing most of the time. Also we've kept a clean room for the 3 weeks plus we have all had a go at answering questions! - Kendall & Chelsea



#### Division Swimming Friday 17th February 2023

On Friday 17<sup>th</sup> February, 6 students from grade 3-6 competed in the Division Swimming Carnival, which was held at Waves in Wodonga.

The students took part in freestyle, breaststroke, backstroke and relay events and ages ranged from the 9-10 age group through to the 12 year old age group.

Thanks must go to Mindy and Bronwyn P who not only managed the team and made sure they were right for their events, but also supervised the students during the course of the day.

The students had a great time and many of them were very nervous about what the day would bring, but left at the conclusion of the meet with smiles on their faces. It was an interesting experience for the new swimmers on the day.

We started the day in great form with our medley relay team coming in, in second place to win them a spot at the Regional Carnival in Shepparton on March  $1^{\rm st}$ . Congratulations to Bryn K , who also qualified to swim in the butterfly event .

Well done to all swimmers and congratulations for your efforts.



### OSHC Newsletter

We welcome all our new and existing families into 2023.

We have started our program with lots of exciting activities.

Our grade six girls, Ava and Emma made a pancake breakfast for everyone in our before school program last Wednesday.

It was so nice to see our older children taking on leadership and caring for our younger children.

We have had lots of interest in morning basketball games- The children have been great at organising teams and playing with fairness

Water and sand play have been a hit in after school care sessions. This has helped us stay cool and enjoy the great weather outside.

We are looking forward to having lots of fun in the year ahead!

Jacqui, Amanda, Kerry and Paula- OSHC Educators

OSHC Email: kvpschildcare@gmail.com







#### School Photos 2023 - Kiewa Valley Primary School

Annual school photos including sibling photos will be taken by Arthur Reed Photos on Wednesday 15th March 2023.

#### There is no need to return any forms or money to school.

Unique image codes will be issued to all students on/after photo day so families can register online to view images when they become available in the webshop.

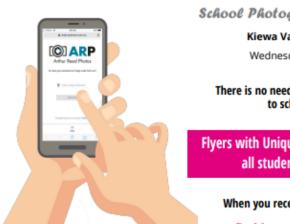
Registration is simple, just follow the 3 simple steps on your child's personalised flyer once you receive it and remember to add the codes for all your children attending this school.

Even if you registered last year, it's important that you do again this year using your child's 2023 image code to link their images for the current year with your contact details.

When images are ready to view and in the webshop, all parents who have registered will be notified by SMS and email.

Once registered, please wait for notification that 2023 images are online to view before making your purchase.





School Photographs will be taken at

Kiewa Valley Primary School

Wednesday 15th March 2023

There is no need to return any forms or payment to school before photo day

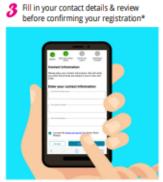
Flyers with Unique Image Codes will be issued to all students on or after photo day

When you receive your child's 2023 image code

Follow these 3 simple steps -







That's it!

It's important to register each year to link your child's NEW images to your contact details When 2023 images are ready to view in our secure webshop you'll be notified by email and SMS

- Create photo packages with any layout & YOUR choice of images + Multiple Image Downloads
  - Order on any mobile device
     Share the images with family & friends for FREE
- \*\* Please wait to receive notifications that new images are online BEFORE ordering for 2023 \*\*





## **Child Health** Intervention and **Parent Support** (CHIPS)

Free Service

Please note this is not a crisis service.

#### Child Health Intervention and Parent Support (CHIPS)

Child Health Intervention and Parent Support (CHIPS) is an early intervention service for children aged from 0 to 12 with social, emotional, or behavioural challenges, and their families.

The role of the CHIPS program is to assist children aged 0 to 12 years who are showing early signs of or are at risk of developing mental health concerns. We provide support to expand on strategies that can assist the wellbeing of children and families.

#### The program includes the following services:

- · Intensive long-term early intervention support for children and their families
- · Short-term assistance for families, including an assessment of needs, provision of information, or referrals
- · Supportive one-to-one counselling with children
- · Practical assistance and home-based support
- · Community outreach, information for parents and schools, mental health education, and community development activities
- · Group work, art therapy, parenting support and programs, mindfulness strategies, drumming groups, and holiday programs







### Intake and referrals information



This is a free service for children aged 0 to 12 years requiring support with social, emotional, and/or behavioural challenges.

A parent/guardian must consent to the service intervention and one significant adult must participate.

Children and families do not require a diagnosis to be eligible for support.

Note: Self-referrals are welcome

To access the service submit the CHIPS referral form • Fax to (02) 6024 5792

- Email intake.chips@gatewayhealth.org.au

For any enquiries regarding eligibility prior to referral please contact Gateway Health Wodonga on (02) 6022 8888 and ask for the CHIPS coordinator.

#### Our catchment area

- **Beechworth**
- Chiltern
- Corryong Mt Beauty
- Myrtleford
- Tallangatta
- Wodonga
- Yackandandah









# FORM 2: NOTICE OF ELECTION AND CALL FOR NOMINATIONS

An election is to be conducted for members of the school council of

#### **Kiewa Valley Primary School**

Nomination forms may be obtained from the school and must be lodged by 4.00 pm on:

#### 07/03/2023

If ballot is required it will close at 4.00 pm on:

#### 16/03/2023

MEMBERSHIP CATEGORY	TERM OF OFFICE	NUMBER OF POSITIONS
Parent member	From the day after the date of the declaration of the poll in 20 23 to and inclusive of the date of the declaration of poll in 20 25	3
School employee member	From the day after the date of the declaration of the poll in 20 23 to and inclusive of the date of the declaration of poll in 20 25	2

Following the closing of nominations a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

## School Council Elections - Information for Parents WHAT IS A SCHOOL COUNCIL AND WHAT DOES IT DO?

All government schools in Victoria have a school council. They are legally constituted bodies that are given powers to set the key directions of a school within statewide guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

#### Who is on the school council?

For most primary school councils, there are three possible categories.

- A mandated elected Parent category—more than one third of the total members must be from this category.

  Department employees can be Parent members at their chil's school as long as they are not engaged in work at the school.
- A mandated elected school employee category—members of this category may make up no more than onethird of the total membership of school council. The principal of the school is automatically one of these members.
- An optional community member category—members are coopted by a decision of the council because of their special skills, interests or experiences. Department employees are not eligible to be community members.

#### WHY IS PARENT MEMBERSHIP SO IMPORTANT?

Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a school council find their involvement satisfying and may also find that their children feel a greater sense of belonging.

#### DO I NEED SPECIAL EXPERIENCE TO BE ON SCHOOL COUNCIL?

Each member brings their own valuable life skills and knowledge to the role. Councilors may need to develop skills and acquire knowledge in areas that are unfamiliar to them. What you do need is an interest in your child's school and the desire to work in partnership with others to help shape the school's future.

#### HOW CAN YOU BECOME INVOLVED?

The most obvious way is to vote in the elections, which are help in Term one each year. However, ballots are only held if more people nominate as candidates that there are positions vacant.

In view of this, you might consider:

- Standing for election as a member of the school council
- Encouraging another person to stand for election.

## FORM 3: SELF-NOMINATION FORM FOR PARENT MEMBER CATEGORY

I wish to declare my candidacy for an elected position as a parent member on the					
Name					
Residential address					
Contact phone (mobile or landline)					
Email					
I am the parent/guardian of who	is/are currently enrolled at this school.				
Statement					
I am an employee of the Department of Education and Training.	Yes / No (please circle)				
I am an employee of the school council.	Yes / No (please circle)				
I am engaged in work at and for the school.	Yes / No (please circle)				
I have not been found guilty of an offence that is, or would if committed in I am not a registrable offender within the meaning of the Sex Offenders Refugiliary I am not suffering from any medical condition that would affect my ability council.	egistration Act 2004.				
Signature of candidate	Date /				
You will be notified when your nomination has been received.					
The personal information provided in this form is collected as part of the cess. The information may be used to determine your eligibility as a car disclosed as a result of inspection prior to the commencement of voting laration of the poll.	ndidate. Your personal information may be				
Your name will be included in a list of school council candidates and not prominent position at the school and for candidates, on a ballot paper (membership category, gender (optional), term of office, office held (if a tion whether the member is an employee of the Department will be for and Training by the principal by 30 April each year as a record of council cal purposes.	(where applicable). Further, the name, ny) of school council members and notifica- warded to the Department of Education				
You can access your personal information by contacting the principal or	າ:				
If you choose not to give some or all of the information requested your	nomination may not be accepted.				
If you have any queries about the school council nomination process, please co	ntact the principal.				





By hosting A Day in May, you will be helping to support kids living with cancer and enter the draw to win \$1,000 worth of musical instruments for your school.

Nominate one day in May when students can come to school dressed as their favourite pop star or wear a splash of YELLOW in return for a gold coin donation.

A Day in May campaign raises funds for Challenge - a charity supporting kids and their families living with cancer.

Funds raised go to Challenge's Musical Moments Trust. This scholarship provides pre, and primary-school-aged cancer patients access to a music therapist or group music sessions, funding to attend a music program, or purchase a musical instrument.

Why the colour 'YELLOW'?

The Musical Moments Trust Scholarship is in memory of an inspirational little boy who's favourite colour was yellow. Music bought him happiness, whether singing or dancing, music always put a smile on his face.





