## Kiewa Valley Primary School

# Newsletter





TERM 2 Week 5	Mon 22 Lunch Orders	Tue 23 5/6 Camp	Wed 24 5/6 Camp	Thur 25 5/6 Camp	Fri 26 5/6 Camp CWA Assembly AFL F-2 Final day for sock orders.	SAT/SUN
Week 6	Mon 29 Lunch Orders	Tues 30 AFL Program 3-6	Wed 31 F-2 Excursion Farm visit	Thur 1 June	Fri 2 Upper Hume XC	SAT/SUN
Week 7	Mon 5 Lunch Orders	Tue 6 AFL Program 3-6	Wed 7	Thur 8 Final day for Pie orders	Fri 9	SAT/SUN

## PRINCIPAL NEWS

## LIONS CLUB FOODSHARE

We are so grateful of the LIONS CLUB support of our Breakfast CLUB and also helping out with supplying fresh fruit for hungry students and lunch supplies for students who have forgotten their lunch. They are open out of the LION"S DEN from 1pm to 4pm each THURSDAY for anyone that might need to access grocery items.

## **AFL CLINICS**

On Friday our F to 2's had their first AFL Footy Clinic. Mr T has arranged for the F to 2's and the 3 to 6's (the week after camp) to have two PE sessions of fotty clinics. It is great to have these incursions happening and students either being introduced to footy or improving their skill level. F to 2 clincis will conclude Week 5 and the 3 to 6's will run week 6 and 7.



I would like to begin by acknowledging the traditional custodians of the lands on which we live, learn and play. We acknowledge and show our respects to elders both past and present and we come together on the lands, the hills, the valleys and rivers to join in community, to share knowledge and culture and contributions of all first nation peoples on this land.



## Reading at HOME - AIM for 160 NIGHTS

We want to encourage all parents and carers to make daily reading a part of your evening or morning routine.

Reading to Young Children: A Head-Start in Life
The research sets out to explore the connections between parents
reading to their young children and their child's later reading and
other cognitive skills.

The key findings in the Department research are:

- The frequency of reading to children at a young age has a direct causal effect on their schooling outcomes regardless of their family background and home environment.
- Reading to children at age 4-5 every day has a significant positive effect on their reading skills and cognitive skills (i.e., language and literacy, numeracy and cognition) later in life.
- Reading to children 3-5 days per week (compared to 2 or less) has the same effect on the child's reading skills at age 4-5 as being six months older.
- Reading to them 6-7 days per week has the same effect as being almost 12 months older.
- Children read to more frequently at age 4-5 achieve higher scores on the National Assessment Program – Literacy and Numeracy (NAPLAN) tests for both Reading and Numeracy in Year 3 (age 8 to 9).
- These differences in reading and cognitive skills are not related to the child's family background or home environment but are the direct result of how frequently they have been read to prior to starting school.

You can read the full article here Reading to Young Children - https://www.education.vic.gov.au/documents/about/research/readt oyoungchild.pdf



Left: Our beautiful autumn tree and leaves are being admired by all

Right: Chloe Cutts enjoying playing the leaves and the amazing weather we have had this week.





# THE THRIVING KIDS & PARENTS SCHOOLS PROJECT

## Online Parenting Seminar Series

Are you interested in learning practical strategies to help your child:

Manage everyday worries

Build healthy peer relationships

Thrive now and into adolescence

You are invited to attend **FREE** evidence-based seminars

Interactive and online seminar package 90 - 120 minute seminars:

Register via the project website

**CLICK HERE or** scan the QR Code



## Power of Positive Parenting (Triple P Seminar)

Practical strategies to support children's social and emotional development.

## Helping Your Child to Manage Anxiety (Fear-Less Triple P Seminar)

Skills and strategies to support children manage their emotions and overcome challenges.

## Keeping Your Child Safe from Bullying (Resilience Triple P Seminar)

How to maintain good communication with the children in your care, develop positive relationships, and address conflict and bullying



















## **District Cross Country Run 2023**

This year the District Cross Country Run was held along the rail trail at Tallangatta. Due to renovations at the Corryong Golf Course, the venue had to be changed and Tallangatta put on some mighty fine and sunny weather for our event.

The five schools (Kiewa, Tallangatta, Corryong, Bandiana and Baranduda) congregated on the footy oval, which was the start and finishing point for the 6 races.

Our students were enthusiastic and eager to get into the running as well as support their peers in each event. Lots of parents and friends showed up to support the competitors, who all showed their best school values as well as great endurance on the day. Well done to all competitors!

The qualifiers from each event to attend the Division Cross Country Event in Wodonga on June 2nd, are as follows.

9-10 boys:

1st -Brooklyn T, 2nd - Beau H, 4th - Will M, 5th -Sebastian D, 8th - Liam P, 9th - James K

9-10 Girls:

2nd - Lily S, 3rd - Evie B, 5th - Billy McV

11 Boys:

3rd - Jim D, 4th - Harper W, 6th - Harry W, 8th - Archie H

11 Girls:

1st - Jazzy H, 6th - Ruby M, 7th - Lily D, 8th - Charlie B

12 Boys:

2nd - Ryan J, 5th - Alex M, 6th - Tom D, 9th - Will R, 10th - Jack K 12 Girls:

1st - Belle H. 3rd - Anneliese L. 8th - Emma P

A total of 25 runners will now compete at the next level (Division) at Willow Park in Wodonga. Congratulations and good luck to everyone.











## 5/6 Bonegilla Migrant Experience

On the 8th of May the 5/6s and teachers had an excursion to the Bonegilla Migrant Experience in Bonegilla. At the Bonegilla Migrant Experience, we were split into 3 groups, and we were doing 3 different activities: a tour of the camp, making butter and making pinch pots out of clay.

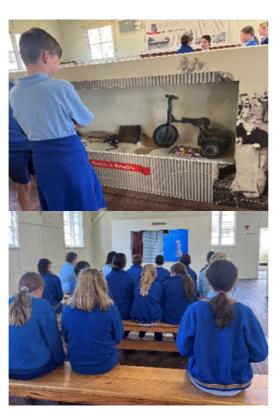
For the tour of the Bonegilla Migrant Experience, we learnt all about the migrants from different countries and their experience there. On the tour, we went into different buildings filled with artefacts from when the migrants stayed there. We also went into a room where the migrants would stay and discovered how small it was, and how they had to fit 2 single beds in there and sometimes kids would have to sleep in suitcases.

Next, we made some butter out of cream in a jar and with bouncy balls as the mixers. We had to shake the jar as fast as we could to make the butter. When if turned into butter we had a little bit of bread and ate it with the butter. The butter was different to butter that you buy at the shops. For the last activity, we made pinch pots out of clay. We had to roll the clay into a ball and mould the clay into a pot, by pinching the outside. After we moulded the clay we used a toothpick to draw something on the front tell a story. We then got take the pots home and let them dry. In conclusion, it was a fun experience with all different sorts of activities. The activities helped us learn what the migrants did when they were staying at the camp. Each activity was

different and interesting.

By Bryn K and Lily D











On the 8th of May 2023 everyone in the 5/6 area went to Bonegilla Migrant Experience.

### Event 1

First my group did butter making with cream and a bouncy ball in a jar and we had to shake it until it became butter.

### Event 2

Then my group did pinch pot making with clay and we put a little story on the pot.

## Event 3

Finally, my group had a tour of the buildings and learned what it was like to live there. We got to look in the places that they went to every day to get something like food to eat or to go back home, their homes were small and not much room.

We went there to learn about what it was like to live there and what happened. It felt good going there to learn about things like this piece of history.

-KADIN

## 4/5A News

4/5A have had a busy week. We have been doing lots of learning and we have been working really well - Charlie F, Izaac and Beau

This week we have been working on persuasive texts in reading and writing. In reading we have been looking at letters, ads, finding good word choice and ideas - Claire and Phoebe

We have been writing fables and we are now starting to focus on getting them finished and looking at doing our own persuasive texts - Saedi and Ezzy

In writing, we have been going through the whole writing process as we write our fables - Kendall and Chelsea

4/5A did a rocket write during the week and some students have kept working on this piece of writing. We had a choice of topics from the strange desert, 3 witches and the creature from the deep - Quinn and Toby

In math we are doing addition and one of the games is Dicey addition and the strategies we used were jump, split, vertical and compensation – Thomas, Robert, Xavier and Zach

In Art, we are being creative and painting an aboriginal picture and we learnt about tessellations, optical illusions and reflection of the eye by M.C Escher. In Auslan, we have been learning different signs like numbers, alphabet, emotions and describing words. We have been working hard to get a good report - Grace, Briella and Holly

In P.E all classes from Years 3 to 6 have been doing the Beep Test for the second time this year. Also, we've been playing fun games such as Rob the Nest and Jedi Dodgeball as well as doing laps of the oval to stay fit - Charlie B, Elsie and Jaz

The district cross country is in Tallangatta. The grade 3/4s have to run 2ks and the 5/6s have to run 3ks. The top 8-10 from our school's cross country made it through to district - Seb, Brooklyn and Clancy











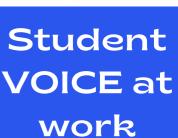














## BATTERY COLLECTION AND RECYCLING PROGRAM

Batteries contain harmful substances including mercury, cadmium and lead. These chemicals and materials can be dangerous if mixed with other waste streams and cause damage to the environment if placed in landfill.

To help keep batteries out of landfill and encourage everyone to recycle batteries, Close the Loop offers a national battery recycling service for everyone. The different types of both single-use batteries and rechargeable batteries that we collect and recycle are listed below.

- Lead Acid (Pb)
- Nickel Cadmium (NiCad), sealed & vented
- Lithium-Ion Lithium-Ion Polymer
- Lithium Batteries
- Alkaline Batteries
- Nickel Metal Hydride (Ni-MH)
- Single-use Batteries
- Rechargeable Batteries
- Household Batteries

Medical Specific Batteries (Oxygen Analysers, Foetal Monitor, PH Meters etc)

Please drop used batteries into the box located at the school office.









GET INVOLVED

sunshinewalk.org.au
#sunshinewalkforcancer
f/sunshinewalkforcancer

For more information contact us: phone 02 6064 1538 email events@awcancertrust.org.au



## SUPPORT FOR FAMILIES POST SEPARATION

Our Parenting Orders Program (POP) is designed to assist separated families who are experiencing high conflict. It enhances parental communication & conflict management skills; refocusing on the best interests of the child. The program provides therapeutic/educational group work for parents & children, information & referral, counselling or individual support, joint sessions & child consultations. The program consists of 3 main elements:

Parent group work + Childrens group work + Family Counselling.

The groups can be completed as a whole for the family, or participants can complete individually. We will endeavor to provide the support you need as your family navigates life post separation.

## **BUILDING BETTER BRIDGES**

POP runs a five week adult group called Building Better Bridges. These groups are delivered during each school term over 5 consecutive weeks. The course is a therapeutic educational model that offers the opportunity for parents to share experiences & receive support from other parents in similar situations. The topics covered in the group are aimed at families who are experiencing high conflict in regard to parenting arrangements, with or without Family Law Court involvement. Topics covered are:

- Child development & the impact of ongoing conflict
- · Conflict resolution & problem solving
- Effective communication post separation
- · Stress management & taking care of yourself

Building Better Bridges is delivered each school term from 5.30pm -7.30pm Monday evenings over five weeks

JIGSAW is delivered each school term from 4pm till 5pm Wednesdays over 4 weeks

Contact us for more info:

UMFC Albury (02) 60 575 399 albreception@umfc.com.au 681 Young Street Albury NSW





The JIGSAW Childrens group provides assistance & support to children of separated families. The group provides a space for children to interact with other children from similar circumstances. Relevant themes are explored through play & activities which include;

- · Exploring & acknowledging a range of feelings
- Exploring & acknowledging the changes in their lives
   Exploring a variety of coping skills & problem solving
- Accessing own strengths & identifying future dreams & hopes



