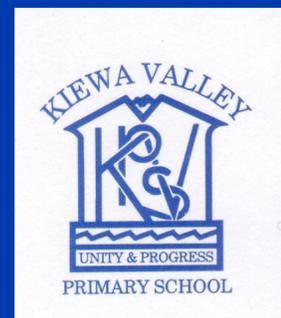


Kiewa Valley Primary School Newsletter



Week 3 Term 4 Mon 20 th to 24 th Oct	Mon 20 th 56 Swimming School Council Sub-Comms	Tuesday 21st 56 Swimming	Wed 22nd 56 Swimming	Thurs 23rd 56 Swimming Ms J and Ms Grogan at Behaviour Prof. Dev Wang Mr Walker at Leading Maths	Fri 24 th 56 Swimming Mr Walker at Leading Maths	Sat/Sun
Week 4 Term 4 Mon 27 th to 31 st Oct	Mon 27th School Council Meeting	Tues 28th Poetry Incursion RockWiz Night	Wed 29th	Thurs 30th	Fri 31st	Sat/Sun
Week 5 Term 4 Mon 3 rd to 7 th Nov	Mon 3 rd Nov PUPIL FREE DAY	Tues 4th Melbourne Cup - Public Holiday	Wed 5th	Thurs 6th	Fri 7th Assembly	Sat/Sun

PRINCIPAL UPDATE:

ARE YOU A WIZZ in the KITCHEN or can make a mean Lemon Slice?

We are asking for ANY parent and or carer who might be able to **make a slice (or similar)** for us to use for our upcoming fundraiser to please contact the office. Slices will need to be at the school by 3.30pm on Tuesday 28th October, with a list of ingredients provided with the slice.

ROCKWIZ FUNDRAISER:

A reminder to get your tickets for a night of Music Trivia fun with Brian Nankervis from Rockwiz and ABC. Tickets are available per table or individual tickets are also available. This is our final fundraiser for 2025, and funds will be put towards the payment of a new bubbler/water system. **These tickets are running out quickly - so please grab your buddies and book your spot now so you don't miss out. All fundraising from this event will go towards replacing our bubblers with new water systems, including at the Kindergarten.**

REMINDER of STUDENT FREE DAYS:

This term we have multiple student free days, to round out the year and to set-up for 2026. These days are important to enable ALL staff to get together to undertake professional learning, revise our teaching and learning and plan for 2026.

Monday 2nd of November - school staff will be undertaking Mastering Morphology with SPELD professional learning.

Monday 1st of December - is a day for teachers for reporting and assessment

Friday 19th of December - staff will be engaged in professional learning - focus TBC either Spelling or Learning Difficulties.

The final day of the year for **Outside Hours School Care will be Thursday 18th of December.**

I hope this give families plenty of time to plan ahead.

CHANGES to BYOD program for 2026:

The Department of Education are making changes to technology use in Primary schools. From 2027 the Department are bringing in a BYOD program ban for Primary schools. As well as daily usage time limits for Primary students. Therefore, I have made the decision that **KVPS will be bringing this policy in early, for 2026.** Therefore students and families at KVPS will no longer have the option to purchase a BYOD. Our school is committed to putting learning first, and whilst we have been able to find a good balance of screen time and hands-on learning, we are committed to taking this new policy in our stride to provide the best educational outcomes for all students. The Department have released a letter to families which is included later in this newsletter. We are already replacing older school owned devices and are committed to doing this in the years to come. No child will be disadvantaged by this policy or our early uptake of this policy. Each year level will have access to 1:1 devices for the allocated time period per day. Any student who already has a BYOD device is able to continue to bring and use that device, given they have read and signed our Acceptable Use Policy.



I would like to begin by acknowledging the traditional custodians of the lands on which we live, learn and play. We acknowledge and show our respects to elders both past and present and we come together on the lands, the hills, the valleys and rivers to join in community, to share knowledge and culture and contributions of all first nation peoples on this land

The Department is changing digital device use



Changes to digital device use

From 2027, the Victorian Government is introducing changes to the use of digital devices for students from Prep to Grade 6.

Under the new guidelines, schools:

- will no longer invite families to purchase or bring their own digital devices to use at school for Prep to Grade 6
- will follow new recommended digital device times, including minimal device time for Prep to Grade 2; and a maximum of 90 minutes per day for grades 3 to 6.

These changes are intended to support families by reducing cost-of-living pressures. They will also support students by reducing screen-time which can reduce the risk of eye strain, sedentary behaviour, and reduced peer interaction. These reforms complement Victoria's nation-leading mobile phone restrictions, ensuring an integrated approach to addressing digital distraction and the inappropriate use of technology.

What this means for our school

This means we will be ceasing our current BYOD program for Grades Three to Grade Six from 2026 on. Instead, we will provide class sets of digital devices for use by students. Students who have been using BYO devices prior to 2027 will be able to continue to bring their devices to school, but we will be following the new recommended device use times.

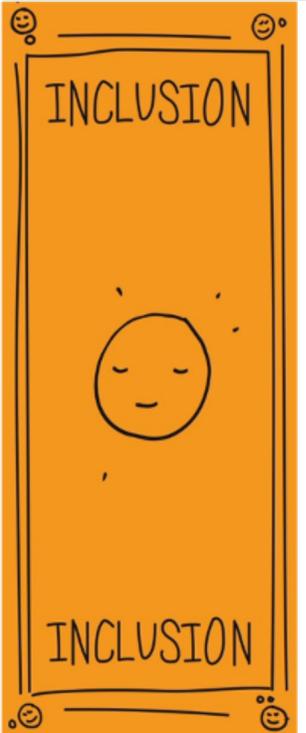
Students with disability who use a digital device as a reasonable adjustment are exempt from these changes.

These changes are intended to support families with cost-of-living pressures and reduce student screen time.

You can read more about the changes on the department's website: [Digital Learning: Policy](#).

Acceptable Use Policy – UPDATED

We still have some students who have not yet returned their ACCEPTABLE USE policy document. These were due last Tuesday. Any students who has yet to return their form will now be unable to access devices at school until this is done. Tanyia has kindly put a list together and has been reminding students and sending additional forms home. If you are unsure your child has returned their form, please contact Tan on 0260 273275. I thank you for your understanding and ensure all students are aware of the requirements in keeping them and others safe online.



SWPBS Update



We made it! Our green 'Integrity' tokens have reached the top of the token tube. This means we have earned ourselves a whole school reward. There have been lots of wonderful suggestions from students and we will take a little time to consider these and plan the reward. Students will be welcome to wear green on the day. More details to come.

As you can see we are very close to reaching the top in 'Kindness' also. A red day will happen also before the end of term. Orange is catching up....it would be wonderful to achieve the 'Inclusion' reward also by the end of the year. Let's go!

Division Athletics



Last Friday 38 students from our school travelled to Les O'Brien Athletics Precinct in Albury to compete at the Upper Hume Division Athletics Carnival. The athletics usually commences at the school level, then moves to a district level, to division, then region and culminates in the state event later on in the year. The students took part in running events from the 1500m – 100m and field events from the throwing to the jumping events. They certainly did themselves proud to achieve many personal best results on the day.

Well done to Seb D – 2nd in 200m.

Victoria W – 2nd in 200m and 1st in long jump.

Lexi Hicks, - 2nd in her shot put.

Tyler Murray- 2nd in triple Jump

Tex McVean – 2nd in discus

The three relay teams combined well and ran admirably against some pretty tough opposition from the larger Wodonga schools. Congratulations to the 9-10 girls, who ran 3rd in their relay event.

Congratulations to the five students who will now all compete in the regional event at the same venue in Albury on Friday 17th October.



BREAKFAST CLUB IS MORE than just BREAKFAST



Breakfast Club is offering hampers for families who may need them. We will also be ordering fresh fruit so if you would like us to order a food hamper or would like us to order you some fruit please contact the Office. We can order weekly and we can also top up from our LOCAL FOODSHARE through the Lion's Club.

REGIONAL ATHLETICS

What a great day for athletics it was on Friday 17th October! Five students from Kiewa Valley Primary School competed in the Regional Athletics Carnival at Les O'Brien Athletics Precinct.



Victoria W competed in the 200 m event finishing 4th and then backed up her event with the long jump. She did a brilliant job to win her event and is now heading to the State Athletics Championships in Melbourne. Well done Victoria and good luck in the big smoke.

Lexi H competed in shot put, Tyler M in triple jump, Seb D in 200m and Tex did well in the discus.

The students were up against tough competition from the four divisions making up the regional event. Students from the Seymour, Shepparton and Wangaratta divisions certainly showed exceptional skills on the day. Well done to all Kiewa students and congratulations to Victoria.



INTEGRITY



INTEGRITY

INCLUSION



INCLUSION

KINDNESS



KINDNESS

RESPECT



RESPECT

NUMERACY AND WELLBEING



Use the Aussie Bird Count app to record the types of birds you see and how many of each

Numeracy and Wellbeing in the Backyard

The Aussie Bird Count is back and starts this week. A great activity to do with the whole family in your backyard. Each day this week, spend 20 mins identifying and counting how many birds of each species you spot in your backyard (or other preferred space eg park). Add the numbers to the app and it will be collated with all the other entries across Australia. I've always promoted this as a great way to incorporate numeracy at home, however each year I realise more and more how good this is for wellbeing. How often do we just sit in our backyard for 20 minutes and take it all in?

Let me know if you participate. I'd love to hear all about it.

Felicite



Spend 20 minutes in your backyard, schoolyard, local park, or anywhere you see birds

Taking part is easy!



1

20 minutes

Just spend 20 minutes in your favourite outdoor space and tell us about the birds you see during that period.



2

Count the birds

You can submit your results using the app or the web form.



3

Bird Finder

There's a built-in "bird finder" tool to help you identify birds you're unsure of.



4

Submit your count

You can count as many times as you want. Every count helps.

<https://aussiebirdcount.org.au/>

Kiewa Valley
Primary School

Come and
Join Us

MUSIC TRIVIA

Night



TUESDAY
28 OCT

FROM
7PM TIL
9PM

Enjoy a night with **ROCKWIZ** legend **Brian Nankervis** and put your music trivia to the test at the KVPS Music Trivia night. Bring your gold coins for games. Ticket price includes an after dinner platter. BYO drinks. **Over 18's ONLY**. Tickets available from KVPS Office or by calling 0260273275.

FUN GAMES - COULSTON PARK COMMUNITY HALL



Tables of up to 10 available for \$250 a table - or single tickets available for \$30 a head and join other like minded people



Scholastic Book Club

DID YOU KNOW

FOR EVERY BOOK CLUB ORDER PLACED,
SCHOLASTIC GIVES BACK 15% OF THE ORDER
to KVPS to purchase valuable educational materials
and new books for our Library



MOVIE NIGHT

AND SILENT AUCTION

To support building a playground at the Jarvis Creek Rec Reserve. Dozens of incredible auction items up for grabs!!!

SAUSAGE SIZZLE, SNACKS AND DRINKS AVAIL FOR PURCHASE. FOR MORE INFO SCAN THE QR CODE

SATURDAY NOVEMBER
8th @ 6PM
OLD SCHOOLHOUSE,
SIRLS RD JARVIS CREEK



CONNECT WITH YOUR COMMUNITY

OCTOBER

WORLD MENTAL HEALTH DAY 10.10.2025

1 SET A GOAL

Write down a positive mental health goal for this month.



2 CLEAR YOUR MIND

Meditate for 10 minutes.



3 SET A BOUNDARY

Set boundaries to protect your wellbeing and avoid overwhelm.

4 TAKE SOME TIME

Take some time to learn about your ancestors.



5 REACH OUT

Reach out and talk to your mob – you're not alone.



6 CONNECT

Connect with your culture through art, language, storytelling, or time on Country.

7 GET SOME SLEEP

Ensure you're getting enough restful sleep – ideally 7-9 hours per night.

8 SUPPORT

Reach out to your mob if you need support.

9 CHALLENGE

Learn something new – take up a hobby, skill, or small challenge.

WORLD MENTAL HEALTH DAY

10

MEDITATE

Watch a guided meditation at <https://bit.ly/3VS0bPQ>

11 HAVE A YARN

Connect with others and have a yarn.

12 WALK

Head outside for a walk.



13 STRETCH

Start your day with a 5-minute stretch.



14 RELAX

Watch your favourite movie or TV show.

15 NOSOCIALS

Take a break from social media and switch off.

16 KIND TEXT

Send a kind text to one of your mob.

17 HAVE A BREAK

Take a short break when you need.

18 SERVICES

Don't be ashamed, engage with culturally safe support services if you need them, visit <https://bit.ly/4lcoHB9> or scan the QR code below.

19 GET OUTSIDE

Get outside and connect to Country.



20 CALL A FRIEND

Reach out to a friend you haven't talked to in a while.

21 SOCIAL MEDIA

Unfollow people and accounts on social media that make you feel no good.

22 SELF LOVE

Be kind to yourself – you're doing great.

23 GRATITUDE

Write down 3 things you are grateful for today.



24 EXERCISE

Move your body – it boosts mood, self-esteem, and emotional resilience.

25 LISTEN

Listen to a yarn from one of your Elders.



27 RESOURCE

Check out the resources on the Gayaa Dhuwi website <https://bit.ly/3xHK3bc>



26 ENJOY

Enjoy a cuppa outside.

28 SCREENS

Turn off screens at least 30-60 minutes before bed.



30 NATURE

Spend some time in nature.

31 PRACTICING

What tips can you keep practicing for your mental health?

This is a collaborative project with contributions from Gayaa Dhuwi (Proud Spirit) Australia and artwork by Kristie Peters. mentalhealthaustralia.org.au/get-involved/2025-world-mental-health-day

Need Help?



gayaadhuwi.org.au/if-you-need-help/



Gayaa Dhuwi (Proud Spirit) Australia
Aboriginal and Torres Strait Islander Leadership in Social and Emotional Wellbeing, Mental Health and Suicide Prevention

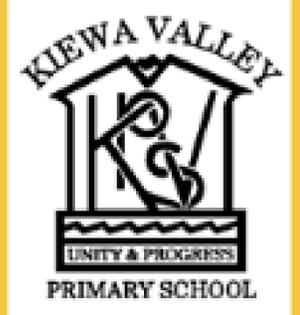


Mental Health Australia

Kiewa Valley Primary School

Prep

'PREPARE YOUR CHILD FOR SCHOOL'
PARENT INFORMATION SESSION
25TH OF NOVEMBER 9.10AM



Transition 2026



01

**KINDER STUDENTS
TRANSITION DAY
ONE
25TH NOV
9AM TIL 11AM**

02

**KINDER STUDENTS
TRANSITION
DAY TWO
2ND DEC
9AM TO 1PM**

03

**KINDER STUDENTS
TRANSITION
DAY THREE
09TH DEC
9AM TIL 3PM**

INFORMATION

At Kiewa Valley Primary School we recognise the importance of making sure that your child is happy and secure in our school environment before they commence their first year of school.

We invite your child to participate in three visits to school, beginning Tuesday 25th of November.

If you have any worries about your child and their transition please contact Kelli Jacobsen (Principal) at the Office 0260273275.