Kiewa Valley Primary School

Newsletter





Week 1 Term 4 6th of October to 10 th October	Mon 6th Oct Swimming F-2	Tues 7th Swimming F-2	Wed 8th Swimming F-2	Thurs 9th Swimming F-2	Fri 10th Swimming F-2 Upper Hume Aths	Sat/Sun
Week 2 Term 4 Mon 13 th Oct to Fri 17 th Oct	Mon 13th Year 3 and 4 Swimming Ms J at Prof. Dev in Melbourne	Tuesday 14 th Year 3 and 4 Swimming Ms J at Prof. Dev in Melbourne	Wednesday 15 th Year 3 and 4 Swimming	Thurs 16 th Year 3 and 4 Swimming Ms J at Network Prin Meeting	Fri 17 th Year 3 and 4 Swimming	Sat/Sun
Week 3 Term 4 Mon 20 th to 24 th Oct	Mon 20 th 56 Swimming School Council Sub- COmms	Tuesday 21st 56 Swimming	Wed 22nd 56 Swimming	Thurs 23rd 56 Swimming Ms J and Ms Grogan at Behaviour Prof. Dev Wang Mr Walker at Leading Maths	Fri 24 th 56 Swimming Mr Walker at Leading Maths	Sat/Sun

PRINICIPAL UPDATE:

Parents on School Council:

We currently have 2 parent vacancies on school council for the remainder of this year and first term next year. These positions have been vacated due to Jess Hutchinson moving on to School Council as a staff member – now that she is employed in the Kindergarten and another parent resigning. If anyone is interested in joining please contact the office.

MURAL UPDATE:

Kirrily Anderson has completed our mural. I am so pleased to see the vision and story behind it come to life. We will be announcing int he coming weeks our official opening.

ROCKWIZ FUNDRAISER:

A reminder to get your tickets for a night of Music Trivia fun with Brian Nankervis from Rockwiz and ABC. Tickets are available per table or individual tickets are also available. This is our final fundraiser for 2025, and funds will be put towards the payment of a new bubbler/water system.

REMINDER of STUDENT FREE DAYS:

This term we have multiple student free days, to round out the year and to set-up for 2026. These days are important to enable ALL staff to get together to undertake professional learning, revise our teaching and learning and plan for 2026.

Monday 2nd of November – school staff will be undertaking Mastering Morphology with SPELD professional learning. Monday 1st of December – is a day for teachers for reporting and assessment

Friday 19th of December – staff will be engaged in professional learning – focus TBC either Spelling or Learning Difficulties.

The final day of the year for Outside Hours School Care will be Thursday 18th of December. I hope this give families plenty of time to plan ahead.

PLANNING for 2026:

This term we spend many hours putting together the most beneficial class structure and classes for students. I would like to ask that if any parent has any class related requests for 2026, could you please put these in writing and email them to me at kelli.jacobsen@education.vic.gov.au by Friday 17th October. Please indicate the reason for the request in the email. Whilst we do our best to accommodate reasonable requests we do not make any guarantees and will be communicating any requests received after this date may not be able to be considered. I should be able to confirm class structures and teachers by the end of week 4 and you will be informed of which class your child is in on Monday the 15th December.

OUR VISION

OUR

COMMUNITY

GROWS

TOGETHER

THROUGH KINDNESS

AS EMPOWERED,

CREATIVE LEARNERS

WHO BELIEVE

WE CAN ALL

MAKE A

DIFFERENCE.

OUR VISION

I would like to begin by acknowledging the traditional custodians of the lands on which we live, learn and play. We acknowledge and show our respects to elders both past and present and we come together on the lands, the hills, the valleys and rivers to join in community, to share knowledge and culture and contributions of all first nation peoples on this land



Student Wellbeing and Engagement Policy REVIEW



STUDENT WELLBEING AND ENGAGEMENT POLICY

Help for non-English speakers If you need help to understand

If you need help to understand the information in this policy, please contact the Office on 0260273275.

PURPOSE

Interpretei

The purpose of this policy is to ensure that all students and members of our school community understand:

- (a) our commitment to providing a safe and supportive learning environment for students
- (b) expectations for positive student behaviour
- (c) support available to students and families
- (d) our school's policies and procedures for responding to inappropriate student behaviour.

Kiewa Valley Primary School is committed to providing a safe, secure and stimulating learning environment for all students. We understand that students reach their full potential only when they are happy, healthy and safe, and that a positive school culture, where student participation is encouraged and valued, helps to engage students and support them in their learning. Our school acknowledges that student wellbeing and student learning outcomes are closely linked. The objective of this policy is to support our school to create and maintain a safe, supportive and inclusive school environment consistent with our school's values of RESPECT, INCLUSION, KINDNESS and INTEGRITY.

SCOPE

This policy applies to all school activities, including camps and excursions.

CONTENTS

- 1. School profile
- 2. School values, philosophy and vision
- 3. Wellbeing and engagement strategies
- 4. Identifying students in need of support
- 5. Student rights and responsibilities
- 6. Student behavioural expectations and management
- 7. Engaging with families
- 8. Evaluation

POLICY

1. School profile

Kiewa Valley Primary School was established in 1953 and is located in the small township of Tangambalanga, approximately 20 kilometres from Albury/Wodonga. We have 190 students

Feedback

will be collected with students through our whole school student forums and survey's.

Parent's can
email
feedback to

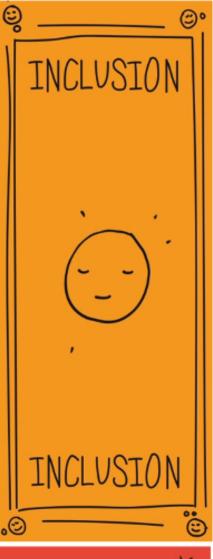
kelli.jacobsen@education.vic.gov.au

You can VIEW the whole policy on our website on this <u>link.</u> We are accepting feedback until end of week 1 Term 4. And then the Learning Environment Sub-Comm will be finalising the updated policy – being lead by Ms Grogan.

Acceptable Use Policy - UPDATED

We have an updated the Acceptable Use Policy that ALL students who use a school computer or have a BYOD MUST read and sign the updated form. These will be sent home early Term 4.









Student Dress Code has been Updated

APPENDIX A: KIEWA VALLEY PRIMARY SCHOOL UNIFORM ITEMS

- Students can wear any uniform item regardless of season.
- Approved commemorative uniform items such as the Year 6 top are accepted as part of the uniform.

COMPLUSORY UNIFORM ITEMS

Sky Blue short or long sleeve polos with school logo

Plain Royal Blue shorts, track pants or skort without decoration or retail brand name*

Royal Blue polar fleece, bomber jacket or windcheater with school logo*

Blue and white checked dress or navy checked tunic*

Royal Blue broadbrim hat in terms 1 and 3*

Navy blue tights

OPTIONAL UNIFORM ITEMS

Plain sky-blue skivvy

Royal blue beanie and scarf

FOOTWEAR

Appropriate footwear is to be worn including:

- Closed-toe sandals
- black school shoes
- runners

No thongs or open-toed sandals are permitted.

JEWELLERY

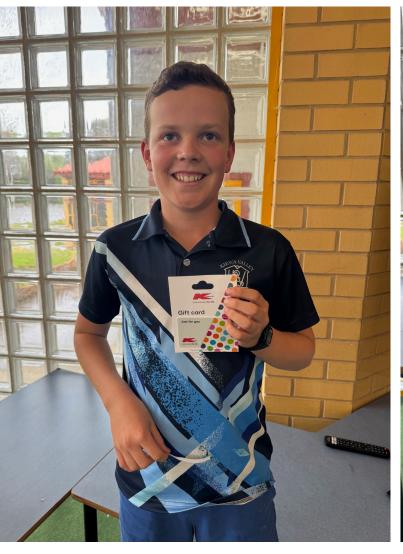
Stud earrings and sleepers worn in ears are acceptable. Watches (may NOT be smartwatches) and medical bracelets are acceptable. Necklaces and chains that worn underneath clothing are acceptable

HAIR

For hygiene reasons and safety reason hair that is shoulder length or longer must be tied up. No coloured hair, except for special events, such as crazy hair day, or Book Week, Arts Festival.

*These items are available from Beleza in Wodonga, or we have good quality Second-hand items available from the Office. Items without the school branding can also be purchased from other retailers.

Attendance and Reading Awards





Seb Dedic was awarded the Attendance Award for having 95% or more attendance for August and William Sutherland won the Reading Award.

CONGRATULATIONS

Linda will be adding to our awards each month, with the Tidy Classroom Award.
Linda will nominate (secretly) the class who keeps the room the tidiest. There will be a whole class reward.



CWA Award Winners

Our CWA Award Winners from our Assembly last term
Rhys Pantling – 56F
Brooklyn Thompson – 56W
Victoria Wallace– 34T
Tiarna Haines – 34E
Lilli Hamilton – 12L
Elva Furnari – F1M
Ellee Diamond – F1A

The CWA Award recipients are acknowledged fpor their dedication to displaying our school values and were NOMINATED by their PEERS. Congratulations to each and everyone of our winners for August.

Upper Murray Speech Pathology: Term 4 Groups

Upper Murray Speech Pathology is excited to be offering two group programs in Term 4 2025. Kindergarten and school age sensory feeding groups. These groups will support children to learn about the different steps of eating and how to increase their variety of foods in a safe and playful manner.

Alissa Gigliotti has over 13 years supporting children and adolescents in sensory feeding and has undergone multiple postgraduate trainings to increase her knowledge and expertise including the Sensory Oral Sensory (SOS) Feeding Program.

Interested in joining? Email Alissa at <u>alissa.gigliotti1@bigpond.com</u> – hurry, spots are limited! NDIS plans welcome.



Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A" reads 20 minutes each day

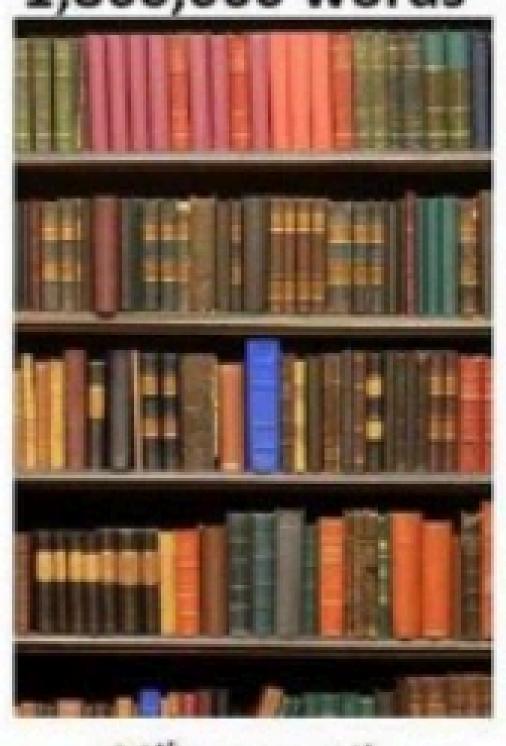
3600 minutes in a school year Student "B" reads 5 minutes each day

900 minutes in a school year

Student "C" reads 1 minute each day

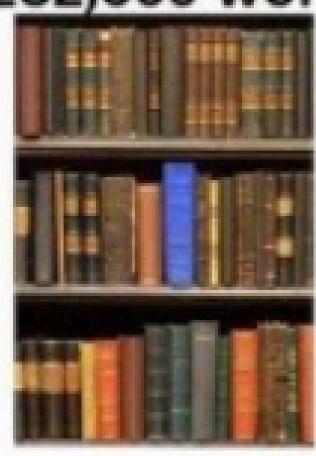
180 minutes in a school year

1,800,000 words



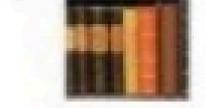
90th percentile

282,000 words



50th percentile

8,000 words



10th percentile

By the end of 6th grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)

While this might be old research - the numbers haven't changed....



Enjoy a night with **ROCKWIZ legend Brian Nankervis** and put your music trivia to the test at the KVPS Music Trivia night. Bring your gold coins for games. Ticket price includes an after dinner platter. BYO drinks. **Over 18's ONLY**. Tickets available from KVPS Office or by calling 0260273275.

FUN GAMES - COULSTON PARK COMMUNITY HALL

Tables of up to 10 available for \$250 a table - or single tickets available for \$30 a head and join other like minded people

CONNECT WITH YOUR COMMUNITY

General Ideas

OCTOBER

WORLD MENTAL HEALTH DAY 10.10.2025

REFLECT

Reflectonthe communities you connect with, and one way you will connect this Mental **Health Month**



JOIN A GROUP

Joina new community club orgroup -positive social support can help usmanagestress.



EXERCISE Connect through

exercise! Stretch with afriend orfamily memberto start your day together.

aur

4

TAKE NOTICE

Notice your surroundings—think about what connects you to your neighbourhood.



HELP OUT

Connect with people in your life or community who may need a hand drop an offer of help in a note in a letterbox.

BE KIND

Connect withkindness showing kindness can help others, and improve your own wellbeing.

GIVE BACK

Give back to the communities you are connected to - make a to-do list of ways to help out or donate.

DANCE

Connect through dancing! Share your favourite song with someone else and boogie!

REST

Prioritise rest-being well-rested helps you show up for your community.

WORLD MENTAL HEALTH DAY

10

SHARE

15

20

Sharehow you are connecting with your community and tag #WMHD25

EXERCISE

Move yourbody—walk

with a neighbouror join

a local walking group.

11 **JOURNAL**

Journal about how connecting with others makes you feel.

CONNECT

Connectthrough somethingnew - try a new interest, class or group!

COFFEE

Connect through a coffee or a meal prepare or share with friends, family, or neighbours.

14

PARK DATE

Connect with your friends innature and have apicnic.



Connect through your local council - councils offer a variety of programs and activities that support community connection and participation.

25

16 **INPERSON**

Mixit up -take a break from screens and connect with someone face-to-face.

22

TALK

Catchup with someone

community megns to you.

andtalk about what

CHECK IN

Makea phonecall to a friend or loved one, or another member of your community, to check-in.

23

TREAT

YOURSELF

Treatyourself and

or restaurant.

support a local café

GRATITUDE

Write down3 things you're grateful for in the communities you are connected to.



SAY HELLO

Startaconversation with someonenewtoday tobuild confidence and community.

24

VOLUNTEER

Volunteer orfindoneway tohelpin yourcommunity.

FRIENDSHIP

Reconnect with a friend, or make new friends in a new community group.



BREAKY

Shareahealthy breakfast with someone close to you.

affirmations and share them with a friend.

28

book club.

29

CELEBRATE

Celebrate asmall achievement with someone who supported you.

30

SOCIAL MEDIA

Swap negativesocial media vibes foryour local communitycentre's social media page for ways to get involved in the community direc around you.

31

MAKE A LIST

Makea list of the community connections you will keep on building to connect with your community!

Mental Health Australia



HOBBIES

Enjoy oneof your hobbies and invite someone to join you.

POSITIVITY Write3positive

READ

Join a community

CONNECT WITH YOUR COMMUNITY

OBER

Youth Ideas

WORLD MENTAL HEALTH DAY 10.10.2025

SET AN INTENTION

Working towardsagoal can keep youfocused and motivated.

2 **CLEARYOUR MIND**

Take a 10-minute mindfulness break to reset.



EMBRACE MORE QUIET

Turn off non-essential phone notifications.

OUTDOOR MINDFULNESS

Spend some time in nature, noticing the sights and sounds around you.

BIG STRETCH!

A 5-minute morning stretch boosts both and your mood.

relationships/meeting-new-people

ing/positive-mindsets

THE BRIGHT SIDE

Write downthree things you're gratefulfor.

SPREAD POSITIVE VIBES

Sendakindmessage to a friend.

QUALITY TIME

Spend time with afamily member or your chosen family to stay connected.

DRESS UP

Have a makeover or dress-up day with a friend to feel like your best self.

FEEL ORGANISED

Start the day by writing

down yourto-do list -

it'll keep you on track.





10

SAY HELLO

Startaconversation with someonenewtoday tobuild

15

20

DIGITAL DETOX

Takea break fromsocial media today.

16

11

PUSH

YOURSELF

Dosomething out of

Growth comes from

yourcomfort zone.

trying new things.

BOOST THE VOLUME

Create afeel-good music playlistfor hard days.

12 **RECONNECT**

Reachout to someone you haven't talkedto in a while.

CREATIVE

Try a new recipe or

craft to break up the

fun into your routine.

day and add some

13 **REFLECT**

Try journalling or doing a meditation to reflect at the end of the day.

14

Practice being kind to yourself today.

KEEP LEARNING

Signing up for a localclass

naturally build friendships.

orgroup is agreatwayto

24



ENDORPHINS

Gofor a walk or arun to release some feel-good hormones.

25

ONE DAY AT A TIME

Focusing onthe dayahead can help when the big picture is overwhelming.



21 **EXPLORE**

Become a tourist in your own town somewhere you've never been before.

GET

COMMUNITY

Visit alocal event tomeet new people who share your passions and interests.

23

PARK DATE

HOBBIES

Startlearning a new

stimulates the brain!

hobbyorskill - learning

Connect with your friends innature and have apicnic.

30

EATTOGETHER

Foodis a universal form States as each are all the states are states as a second of the states are all the states

26

SOLO DATE

Timealone recharges your batteries so go out on your own or do something you enjoy at home.

OWN YOUR JOURNEY

Reflect on your personal journeyand how far you've come.

28

BEPROUD

Celebrate small wins. Progress is progress

29

VOLUNTEER

Helpingothers feels good and connects you to your community.

31 **LEND AN EAR**

Ask someonehow they reallyare, and truly listen.



Day 25: au.reachout.com/study-work-and-money/setting-goals/allira-potter-shares-how-to-use-a-vision-board-to-think-about-your-future/

This is a collaborative project developed with contributions from ReachOut's volunteers and peer workers Chase, Laura, Maddie, Raj, Rebecca, Stephanie and Willi.





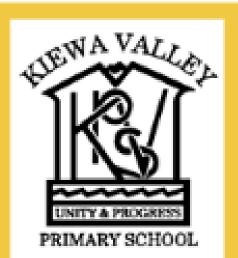
Mental Health Australia

mentalhealthaustralia.org.au/get-involved/2025-world-mental-health-day

Kiewa Valley Primary School

Prep

'PREPARE YOUR CHILD FOR SCHOOL'
PARENT INFORMATION SESSION
25TH OF NOVEMBER 9.10AM



Transition 2026



1 KINDER STUDENTS
TRANSITION DAY
ONE
25TH NOV
9AM TIL 11AM

O2

KINDER STUDENTS
TRANSITION
DAY TWO
2ND DEC
9AM TO 1PM

TRANSITION
DAY THREE
09TH DEC
9AM TIL 3PM

INFORMATION

At Kiewa Valley Primary School we recognise the importance of making sure that your child is happy and secure in our school environment before they commence their first year of school.

We invite your child to participate in three visits to school, beginning Tuesday 25th of November.

If you have any worries about your child and their transition please contact Kelli Jacobsen (Principal) at the Office 0260273275.